

# Lunch Calendar

# OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheese or Chicken Quessadillas	2 Crispy Chicken Sandwich or Veggie Chicken	3 Coconut Curry with Chicken or Tofu Served with Rice	4 Sausage Sandwich or Veggie Sausage
7 Spaghetti with or without Meatballs	8 Grilled Chicken Tacos or Chicken Substitute	9 Roast Beef Sandwich or Beef Substitute	10 Tortilla Soup	11 Early Release Day
14 Indeginous Peoples' Day Campus Closed	15 Beef Tacos or Bean and Cheese Tacos	16 Baked Potato Bar	17 Mac and Cheese	18 Cheese Pizza Day
21 Penne Pasta with or without Meat Sauce and Garlic Bread	22 Chicken or Bean and Cheese Tostadas	23 Ham n Cheese on Pretzel Bun or Cheese and Avocado	24 Sloppy Joes or Veggie Substitute	25 Minestrone Soup
28 Cheese Pasta Bake with Penne Pasta	29 Nachos	30 Egg and Cheese Sandwich with Hashbrowns	31 Broccoli and Cheese Soup with Crackers	
	<b>NOTES:</b> <b>Thursday 10/31/2024</b> 			

## WE ARE A PEANUT FREE CAMPUS

- ALL LUNCHEAS ARE SERVED WITH FRUIT, VEGETABLE AND MILK
- MENU IS SUBJECT TO CHANGE
- GLUTEN FREE AVAILABLE DAILY

### BASIC BREAKFAST

Bagels with cream cheese, breakfast bars, yogurt and fruit

### BASIC LUNCH

Monday & Thursday - Sunflower Butter & Jelly Sandwich

Tuesday & Friday - Cheese Sandwich (Hummus on the side)

Wednesday - Yogurt & Side of Granola